

# Break-Out Selection Form

## YOUTH RALLY 2010

Columbus Diocesan Office of Youth and Young Adult Ministry

Please clearly print your name and indicate your t-shirt size.

Name of Participant: \_\_\_\_\_

T-shirt size:            S            M            L            XL            XXL            XXXL

Select and rank the top three break-out sessions that interest you the most. We will do our best to accommodate your top two selections.

- 01:    \_\_\_\_\_ **Oh So Saintly**, *Bob Fowles*  
What need do we have for saints? Why are they important to us today? Aren't they just about the statues? These and other burning questions will be discussed, along with a special presentation about one of the former bad boy saints, St Francis of Assisi!
- 02:    \_\_\_\_\_ **Sex, Drugs, and Evangelization**, *Drew Snyder*  
Being a faithful Catholic today is not always the popular choice. Sometimes it can seem really challenging and awkward to live out our faith and stand up for Christ. So what's the secret? How can we impact other people's live through the way we live ours? ...Come find out the answers to those questions and more!
- 03:    \_\_\_\_\_ **Word to your Mama**, *Nicole Snyder*  
Mary is not only the Mother of God, she is our mother. This talk with discussed the maternity of Mary as Mother of Christ, and Mother of the Church. It will also explore good and worthy ways to honor so great a mother, have a closer relationship with her, and depend on her for help.
- 04:    \_\_\_\_\_ **The Sweetness of Simplicity**, *Megan E. Thompson*  
We live in a society bombarded by consumption and materialism. And so we have to ask ourselves, are we so focused on this life that we rarely focus on the next? Are we so concerned with the consumption of earthly goods that we moderate our consumption of God's love? This workshop will focus on ways that we, as Christians, can simplify our lives, allowing God and the pursuit of heaven to become our main focus.
- 05:    \_\_\_\_\_ **Sports and Spirituality**, *Marty Raines, Julius Palazzo, and Jon Phillips from the Diocesan Recreation Association*  
We are all striving to win in faith and in life. Team sports are all about relationships and so is being a Catholic. Come explore the world of sports and spirituality through interactive discussion.

- 06: \_\_\_\_\_ **Catholic on Campus; For Seniors Only**, *Mike Gearheart and Chelsea Lonsway*  
Staying true to our Catholic identity in college is really hard, especially when society tells us that religion and morals are not important during this time. Through personal testimonies, Scriptural context, and more, this break-out session will challenge society's norms by giving tips on how to maintain your faith in college.
- 07: \_\_\_\_\_ **Vocations**, *Deacon John Eckert*  
How do we come to know and understand God's will and what we are called for? And how do we know if we are called to a religious life? This workshop will explore the different vocations: Marriage, Holy Orders, and Religious or Consecrated Life, and how we can live out our vocations right now as a disciple of Christ.
- 08: \_\_\_\_\_ **Praise & Worship**, *Chris Rockwell*  
There are so many avenues of ministry that can lead someone to the Lord. This workshop is for young people interested or who feel called to use their gifts of music for the Church. We will demonstrate the basics of contemporary music for liturgy and youth events including sources of music, improving musical skills, getting equipped and selecting appropriate music for liturgy (simple, singable, scriptural). After a brief Q&A period, we'll spend time in praise and worship together.
- 09: \_\_\_\_\_ **Faith that does Justice**, *Alex Phillips*  
What does it mean as a Catholic to do social justice? Frankly, serving others can be different for everyone depending on their strengths and passions. Hear some personal testimonies of mission trips throughout the world, and discover some ways you can be making a global change in your neighborhood.
- 10: \_\_\_\_\_ **Friending God on Facebook**, Fr. Larry Rice  
God invites us to live in relationship with each other. What does this mean in an age of YouTube, Twitter, Facebook, and other countless ways to connect to people across the world? Discover in this interactive and multimedia workshop what it truly means to keep God in social media.

***When completed, please return this form to your Youth Minister or Adult Leader.***